

# SACRED HEART RESTAURANT

Open 24 HRS

## ALL DAY BREAKFAST

**Quni Breakfast** 1,400  
Two Sausages, Baked Beans, Sautéed Potatoes,  
Bacon, Eggs done to your liking served with Toast

**Classic American Pancakes** 800  
*Served with Maple Syrup & Butter*  
*Chocolate Sauce & Whipped Cream optional*

**French Crêpes** 800  
Served with Maple Syrup & Butter  
Chocolate Sauce & Whipped Cream optional

**Quni Omelette** 800  
*Served with Toast*  
Tomato, Onions, Green Pepper, Mushroom, Cheese  
Chili optional

**Eggs Benedict** 950  
2 pieces poached Egg Toast, Hollandaise Sauce

**Fried Eggs** 300  
All Egg orders are served with Toast

**Add to your breakfast:**

Bacon	600
2 Sausages	300
A Small Fruit Salad	350
Nduma	300
Ngwaci	300
Wimbi Porridge	400
Plantain	300
Cereals ( <i>Weetabix, Corn flakes, Rice crisps</i> )	300

## STARTERS

**Greek Salad** 850  
Fresh Tomatoes, Cucumber, Onion, Feta Cheese, Olives  
*Served with Oregano & Capers Vinaigrette*

**Chicken Caesar Salad** 950  
Chicken, Lettuce, Parmesan, Croutons in an Anchovy  
dressing

**Hearty Health Salad** 1000  
Assorted Fresh garden vegetables,  
Lettuce, Mango, Avocado, Olive Oil and Red Wine Vinegar

**Garden Salad** 600  
Tomatoes, Onions, Cucumber, Capsicum, Olive, Lettuce  
with Vinaigrette Dressing

## SOUPS

**Soup of the Day** 600  
Your waiter will advise you on the soup of that day  
*Options include Pumpkin, Chicken, Mushroom, Carrot, Vegetables*

## FROM THE GRILL

*(Choose your accompaniment of either, Chips, Sautéed  
Potatoes, Potato Wedges, Mashed Potatoes or Rice, Ugali,  
Chapati, Mukimo, Roast potatoes, Brown Ugali)*

**Grilled Boneless Chicken** 1300  
Served in a Herb Butter Reduction

**Kenyan Prime Rib - Eye Steak** 1850  
350g aged Beef grilled to your liking with a Peppercorn Sauce

**Lava Grilled Lamb Chops** 1450  
With Mint Sauce

**Rogan Josh** 1350  
Lamb cubes in delicious aromatic rich curry

**Mixed Grill** 1400  
Chicken Drumstick, Beef Steak, Lamb Cutlet and a Sausage

**Catch of the Day** 1350  
Served with a Chili Lemon Butter Sauce

**Grilled Pork Chops** 1500  
Topped with grilled Pineapple and served with Apple Sauce

**Fillet Steak** 1450  
300g of Prime Kenyan Beef served with Pepper Sauce

# Sacred Heart Restaurant Menu

## BURGERS & SANDWICHES

*Served with chips and salad*

**Chicken & Cheese Burger** 1350  
*Chicken breast, cheddar cheese with glazed onion confit*

**QUNI Burger (Single or Double)**  
*Single* 1400  
*With crispy bacon, egg, mushroom, & cheese*  
*Double* 1800

**"Vicar General" Sandwich** 1300  
Grilled chicken mince and beef layered over a crispy lettuce, cucumber tomatoes and a fried Egg  
*Served with Chips and a Side Salad*

**Veggie Club** 1000  
Triple decker grain bread, Fried egg, Tomato, Onion, cucumber, Mushroom, Lettuce.

## PASTAS - BASTA

**Penne, Spaghetti or Fusilli Pasta, Bolognese Sauce, a classic meat sauce** 900

**Chicken** (*Sautéed with Onion, Garlic, Tomatoes & capers*) 1100

**Carbonara** (*A creamy sauce with Egg, Crisp Bacon, Crushed Black Pepper, White Wine, Parmesan*) 1100  
*Pomodoro sauce (Concasse simmered in wok sauce)* 1100

**Bolognese** (*Minced meat simmered in rich sauce*) 1100

**Mac & Cheese, a creamy sauce** (Alfredo sauce) 1200

## KARIBU KENYA

**Chicken QUNI Style** 1350  
Tender pieces of Kienyeji chicken cooked in a mild tomato concasse

**Whole Tilapia** 1500  
Fried Fish in a rich Tomato and Dhania Sauce Served with White/Brown Ugali, Steamed Rice, Chapati, Mukimo

**Beef Stew** 1300  
Beef Cubes, Cooked in rich Tomato Sauce with Garden Peas, Carrots and Capsicum

## FROM THE ORIENT

**Vegetable Curry** 1000  
Assorted Vegetables gently Simmered in a Mild Curry Sauce

**Chicken Stir Fry** 1250  
Chicken strips tossed in Fresh Vegetables & our special Wok sauce

**Beef Stir Fry** 1250  
Beef Strips tossed in Fresh Vegetables & our special Wok sauce

**Vegetable Stir Fry** 1000  
Fresh Vegetables tossed in our special Wok sauce  
*Served with Chapati, Rice or Chips*

## FRIES

**Basket of Fries**  
Small Basket 450  
Large Basket 550  
Plate 300

## SHARING MEALS

**Whole Capon** 1800  
Roast, Dry fry, Wet fry

**Whole Kienyeji Chicken** 2500  
Roast, Dry Fry, Wet Fry  
*Order your accompaniment separately*

**Elysian Family platter** 5000  
*(4 Chicken Drumsticks, 4 Beef steaks, 4 Lamb Cutlets, 4 Sausages and Large Basket of Fries)*

## DESSERT

**Chocolate Caramel Crunch**  
*Topped with vanilla ice cream & fresh berries* 600

**White Chocolate Gateaux** 550  
*Served with blueberry compote and fresh berries*

**Plate of fresh tropical fruit slices** 450  
*On season*

**Moist Chocolate walnut brownie** 600  
*Served with strawberry compote garnished with fresh cream and chocolate*